



wildsight

Classroom with Outdoors

Engaging Ecosystem Experience

LESSONS from Nature - Grade 7 Field Trip Itinerary

Program Theme: Students investigate ecological principles and learn valuable lessons for life from our oldest and wisest of teacher- nature itself!

**** Please note – times are approximate as field trip sites vary. This Itinerary is intended as a rough outline. Specific activities may vary according to time, site, and the group. ****

Between 8:45-9:00 a.m. Interpreter meets with students seated in the classroom. Hand out clipboards and field trip journals to record observations. Introduce theme of the program, outline the program and establish field trip code of conduct.

9:15 Departure from the school to the field trip site either by bus or walking
9:30-10:00 Arrive at field trip site
9:45-10:00 Program activities begin at the chosen field trip site:

What can we learn from nature in order to live more sustainably on the planet, and within ourselves?

Activity 1 – ‘Nature Rules’

Review and celebrate some of the systems, cycles and processes in ecosystems- the ‘rules’ of nature.

Activity 2- ‘Support Diversity’

Go on a biodiversity treasure hunt?

Activity 3- ‘One World’

Look at interrelationships- within ecosystems and between nature and human societies

10:45 Morning Snack for 10 minutes

Activity 4- ‘Slow Down’

A solo in nature to contemplate, tune in and notice more.

Activity 5- ‘Enough?’

Learn to live within nature’s limits by calculating our ecological footprints.

12:00 Lunch for 15-20 minutes

Activity 6- Sip Energy

Learn about the carbon cycle and strategize how to be an energy ‘sipper’ rather than an energy ‘gulper’.

Activity 7- Loop it

Look at ecosystem cycles and play the ‘food chain game’!

2:00-2:30 p.m. Depart field trip site and travel back to the school

2:30-3:00 Conclusion Back in the Classroom with students seated